QT TIMES FOR 2019 are SET OUT below .

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **2019 Boys** | **10/11** | **12** | **13** | **14** | **15** | **16+** |
| **50m Freestyle** | 38.78 | 38.00 | 35.00 | 35.00 | 32.00 | 30.00 |
| **100m Freestyle** | 1.33.00 | 1.29.97 | 1.21.00 | 1.17.65 | 1.14.00 | 1.07.00 |
| **200m Freestyle** | 2.58.07 | 2.54.80 | 2.45.00 | 2.38.00 | 2.29.00 | 2.18.00 |
| **400m Freestyle** | 6.28.62 | 6.10.00 | 6.00.76 | 5.22.00 | 5.03.00 | 4.42.84 |
| **50m Breaststroke** | 54.04 | 53.74 | 49.00 | 45.00 | 44.00 | 39.00 |
| **100m Breaststroke** | 1.56.00 | 1.55.00 | 1.49.00 | 1.41.00 | 1.33.73 | 1.28.00 |
| **200m Breaststroke** | 3.51.37 | 3.49.00 | 3.32.00 | 3.25.00 | 3.22.43 | 3.09.00 |
| **50m Butterfly** | 46.54 | 44.10 | 43.00 | 40.00 | 35.00 | 34.72 |
| **100m Butterfly** | 1.50.00 | 1.49.00 | 1.32.00 | 1.25.00 | 1.21.33 | 1.18.00 |
| **200m Butterfly** | 3.38.00 | 3.30.00 | 3.13.00 | 3.05.00 | 2.29.65 | 2.25.70 |
| **50m Backstroke** | 45.00 | 44.61 | 43.00 | 41.00 | 36.00 | 35.00 |
| **100m Backstroke** | 1.39.41 | 1.36.00 | 1.35.44 | 1.31.00 | 1.24.00 | 1.14.00 |
| **200m Backstroke** | 3.23.52 | 3.19.00 | 3.01.00 | 3.01.00 | 2.44.00 | 2.32.00 |
| **100m IM** | 1.39.00 | 1.38.98 | 1.33.00 | 1.29.00 | 1.24.00 | 1.18.00 |
| **200m IM** | 3.44.24 | 3.39.78 | 3.18.00 | 3.13.00 | 2.51.00 | 2.33.00 |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **2019 Girls** | **10/11** | **12** | **13** | **14** | **15** | **16+** |
| **50m Freestyle** | 40.65 | 40.34 | 37.00 | 33.00 | 32.00 | 32.00 |
| **100m Freestyle** | 1.28.00 | 1.27.60 | 1.20.00 | 1,14.00 | 1.11.00 | 1.10.00 |
| **200m Freestyle** | 3.26.74 | 3.00.00 | 2.55.00 | 2.42.00 | 2.39.00 | 2.32.00 |
| **400m Freestyle** | 6.20.00 | 6.03.93 | 6.00.53 | 5.24.00 | 5.15.00 | 5.08.51 |
| **50m Breaststroke** | 51.74 | 52.47 | 46.00 | 44.00 | 43.00 | 42.67 |
| **100m Breaststroke** | 1.54.95 | 1.55.83 | 1.43.00 | 1.43.00 | 1.34.00 | 1.33.00 |
| **200m Breaststroke** | 4.02.84 | 3.57.00 | 3.39.00 | 3.33.00 | 3.33.00 | 3.16.75 |
| **50m Butterfly** | 45.78 | 45.00 | 39.00 | 36.00 | 35.57 | 35.00 |
| **100m Butterfly** | 1.53.00 | 1.44.00 | 1.39.71 | 1.33.00 | 1.26.00 | 1.20.00 |
| **200m Butterfly** | 4.06.00 | 3.20.28 | 3.10.00 | 3.09.00 | 3.08.00 | 2.52.00 |
| **50m Backstroke** | 47.00 | 45.71 | 42.00 | 39.00 | 37.79 | 37.35 |
| **100m Backstroke** | 1.32.17 | 1.31.53 | 1.26.00 | 1.22.64 | 1.19.00 | 1.19.00 |
| **200m Backstroke** | 3.20.62 | 3.18.78 | 3.02..00 | 2.55.53 | 2.51.00 | 2.47.75 |
| **100m IM** | 1.41.38 | 1.42.32 | 1.33.00 | 1.27.00 | 1.25.00 | 1.21.34 |
| **200m IM** | 3.39.00 | 3.24.00 | 3.10.00 | 2.58.00 | 2.54.00 | 2.54.00 |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **BOYS** |  | **11/12** | **13** | **14** | **15** | **16 plus** |
| **1500m Free** |  | 22.50.00 | 22.37.00 | 21.39.14 | 20.31.61 | 19.55.68 |
| **800m Free** | Is open to all | that qualify for | the 1500m. In | addition we will | take entries for | those that meet qt times below |
| **800m Free** |  | 13:56.20 | 13.35.32 | 12.07.72 | 11.24.78 | 10.39.22 |
| **400m IM** |  | 7.30.00 | 7.08.00 | 6.06.00 | 5.27.00 | 5.15.39 |
|  |  |  |  |  |  |  |
| **GIRLS** |  |  |  |  |  |  |
| **1500m Free** | Is open to all | that qualify for | The 800m. In | addition we will | take entries for | those that meet qt times below |
| **1500m Free** |  | 30.53.20 | 27.50.82 | 26.19.74 | 25.34.16 | 24.10.69 |
| **800m Free** |  | 13.40.00 | 12.19.30 | 11.39.00 | 11.12.00 | 10.41.90 |
| **400m IM** |  | 7.24.00 | 6.44.24 | 6.25.00 | 6.10.00 | 6.05.62 |