



# **Taunton / Exeter City Swimming Club Open Meet 2020**

# **Licence Number:1SW200305**

**(Under FINA Technical Rules & Laws)**

**Friday 17th – Sunday 19th January**

### Millfield School Pool

Street

(Long Course Meet)

### Event Information and Entry Forms

### Taunton Exeter City Swimming Club

### Level 1 and Level 3

### Open Meet

(Under Swim England Laws and Regulations and Technical Rules of Racing)

Licence Number: 1SW200305

Friday 27th - Sunday 29th March 2020

This Meet Will Enable Swimmers to Obtain Qualifying Times for Entry into County, Regional and National Competitions and will be run under Level 1 Licence conditions

**VENUE Millfield School, Street, Somerset, BA16 0YD**

# **POOL** **8 Lane – 50m pool – electronic timing – with anti-turbulence lane ropes and secondary strobe**

**AGE GROUPS** Male 9, 10, 11, 12, 13, 14, 15, 16, 17 & Over

Female 9, 10, 11, 12, 13, 14, 15, 16, 17 & Over

Minimum age for entry is 9 years

**AGE UP DATE** 29th March 2020 (age as of last day of Meet)

**EVENTS (all events Heat Declared Winner)**

50m All Strokes - All Age Groups

100m All Strokes - All Age Groups

200m All strokes - All Age Groups

400m Freestyle - All Age Groups

800m Freestyle - 11 years & Over\*

1500m Freestyle - 11 years & Over\*

200m Individual Medley - All Age Groups

400m Individual Medley - 11 years & Over\*

**\*10 year olds may only enter 800m / 1500m and 400IM events if they are 11 on or before 31/12/2020**

**ENTRY PRICING** £7.00 per event up to 400m / £10 for 1500m and 800m events

**CLOSING DATE Midnight, Friday 21st February 2020** (No late entries will be accepted)

**SESSION TIMES** Session timing will be finalised once all entries have been processed, Session times will be published on [www.exeterswimming.com](http://www.exeterswimming.com) and [www.tdswim.co.uk](http://www.tdswim.co.uk) . Please note that it is the swimmers` responsibility to present themselves ready to swim, to the Marshalling Area prior to the start of their event.

## **PROGRAMME OF EVENTS**

|  |
| --- |
| **Session One Friday** |
|  (Warm-up 18:00 - Start 18:20)TBC |
| **Event** |
| 1 |  | Mixed | 11 & Over \*1500m Freestyle |
| 2 |  | Mixed | 11 & Over \*800m Freestyle |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Session Two Saturday** |  | **Session Three Saturday** |  | **Session Four Saturday** |
|  Warm-up 08:00 - Start 09:00TBC | Warm-up TBC | Warm-up TBC |
| **Event** | **Event** | **Event** |
| 3 | Male | 11 & Over\*400m I/M | 9 | Male | 9 & Over200m Breaststroke | 14 | Female | 9 & Over200m I/M |
| 4 | Female | 9 & Over50m Backstroke | 10 | Female | 9 & Over400m Freestyle | 15 | Male | 9 & Over200m Backstroke |
| 5 | Male | 9 & Over50m Freestyle | 11 | Male | 9 & Over50m Breaststroke | 16 | Female | 9 & Over100m Backstroke |
| 6 | Female | 9 & Over100m Breaststroke | 12 | Female | 9 & Over50m Butterfly | 17 | Male | 9 & Over100m Freestyle |
| 7 | Male | 9 & Over200m Freestyle | 13 | Male | 9 & Over100m Butterfly |  |
| 8 | Female | 9 & Over200m Butterfly |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Session Five Sunday** |  | **Session Six Sunday** |  | **Session Seven Sunday**  |
| Warm-up 08:00 - Start 09.00am TBC | Warm-up TBC | Warm-up TBC |
| **Event**  | **Event** | **Event** |
| 18 | Female | 11 & Over \*400m I/M | 24 | Female | 9 & Over200m Breaststroke | 29 | Male | 9 & Over200m I/M |
| 19 | Male | 9 & Over50m Backstroke | 25 | Male | 9 & Over400m Freestyle | 30 | Female | 9 & Over200m Backstroke |
| 20 | Female | 9 & Over50m Freestyle | 26 | Female | 9 & Over50m Breaststroke | 31 | Male | 9 & Over100m Backstroke |
| 21 | Male | 9 & Over100m Breaststroke | 27 | Male | 9 & Over50m Butterfly | 32 | Female | 9 & Over100m Freestyle |
| 22 | Female | 9 & Over200m Freestyle | 28 | Female | 9 & Over100m Butterfly |  |
| 23 | Male | 9 & Over200m Butterfly |  |

**STARTS** Over the top starts will be used wherever possible

**ELECTRONICS** Electronic timing system with electronic display.

**MEET RESULTS** The Meet results will be posted on Taunton Deane and Exeter City Swimming Club website ([www.tdswim.co.uk](http://www.tdswim.co.uk) and [www.exeterswimming.com](http://www.exeterswimming.com)). These will be available in PDF and Hy-Tek result file format. Results will also be passed to British Rankings for their reference and inclusion in rankings. The use of Meet Mobile to publish non confirmed results will depend upon the ability to access the interent during the session and may only be updated after the session completes or the end of the day.

**AWARDS** Awards will be given to the first 3 places in each age group category and level. Additional awards will be made to the Best Male, Best Female and Visiting Club.

**ENTRIES** Qualifying times will be applied to all events. All entry times must be faster than or equal to the QT for Level 1 entry. Entry Times outside these limits will be entered as Level 3. **PLEASE NOTE** **entries with ‘No Time’ submitted will be rejected**.

 Entry times must have been obtained at a licensed meet for Level 1 entries and random checks will be made against the Swim England Online Rankings database.

 All 50m, 100m, 200m events and 400m Freestyle are open to all ages.

 800m and 1500m Freestyle and the 400m IM events are open to swimmers aged 11 years and over only.

\*Swimmers who are currently 10 but will be 11 as of 31/12/20 may enter the 800m, 1500m and 400m IM.

 If swimmers are found to have entered the meet with any false or made up times, they will be disqualified from all events that they have entered, and their entry fees will be forfeit.

 Entry times must be submitted as long course times, using the Hy-Tek entry file. Short course times are acceptable, but they must be converted to long course. Estimated times are not permitted for any Level 1 events.

 Sign in will be required before warm up for all 400m / 800m and 1500m events and any other event as notified.

**For entries of more than 3 swimmers electronic entry should be used**.

Clubs are requested to send all entries at the same time with one payment to cover all swimmers and coach passes

 Clubs may pay via BACS which is our preferred method of payment to Exeter City Swimming Club Barclays Sort Code: 20-30-47 Account: 20133604 Ref: Club code March meet.

 The Hy-Tek meet file can be found on the Exeter Swimming club website (<http://www.exeterswimming.com/>) or by email from galas@exeterswimming.com

 And or the Taunton Deane website (<http://www.tdswim.co.uk>) or by email from tdswim.meet@gmail.com

 Electronics entries from Hy-Tek Team Manager or Team Manager Lite software should be submitted as an e-mail attachment to the above address and should include an entry report, fee entry report, poolside passes application and Officials list.

 Electronic entries will not be processed until full and complete payment is received.

 Copies of the Team Manager Lite application can be downloaded free of charge from <http://www.hy-tekltd.com/downloads.html>

 Closing date for entries is 21st February 2020

 **NO LATE ENTRIES WILL BE ACCEPTED**

Taunton Deane andExeter City Swimming Club reserve the right to limit entries to ensure compliance with licensing conditions. In the event that entries are rejected the entry fee will be refunded to the club in question.

Entries from clubs which are not based on the UK mainland will be accepted first to enable flights and / or ferries accommodation to be booked. These entries will still have to comply with all other conditions of entry.

 Any restriction will apply across all events. Both Level 1 and Level 3 entries will be treated equally to ensure an equal entry base across both levels

 **No refunds will be made for withdrawals after the closing date of 21st February 2020 other than on medical grounds.** A medical note must be provided.

Taunton Deane andExeter City Swimming Club reserves the right to cancel the event if the meet is under subscribed.

 The Meet will run cardless.

 Taunton Deane and Exeter City Swimming Club reserve the right to change conditions and entries to ensure the smooth running of the meet within the allocated time limits. This will be in discussion with the Referee and the decision will be final. This will only occur due to unforeseen circumstances and apply on the day only.

**PARA SWIMMING** The Sport of Swimming for athletes with impairment is governed by the IPC, and co-ordinated by the IPC Swimming Technical Committee, using the International Swimming Federation’s (FINA) modified rules.

 Entry will only be accepted from classified swimmers with British/IPC classification. Swimmers without a classification will not be able to compete.

 Swimmers are allocated Exception Codes, which prevent them from being disqualified for rule infringement due to the nature of their impairment.

 The procedure to identify relevant swimmer exception codes at competitions has

been identified as follows:

Competitions which include Multi-Classification (MC) entry conditions - meet organizers will be responsible for having up to date information about each swimmer at entry and providing this to the meet referee.

**NO QT** is required but swimmers must have times recorded on British

Ranking per event. NT may be accepted at the discretion of the Meet organiser.

A secondary strobe will be available if required.

All swimmers will be integrated into able-bodied heats.

A secondary strobe light will be available to aid hearing impaired / deaf swimmers who require an assisted start.

**POOLSIDE PASSES** £15 per pool pass and clubs may initially apply for 4 passes per club. Poolside passes are required for all coaches and team mangers.

 Applications for further passes may be accepted by the Organisers depending on team size per session.

 Passes must be worn at all times whilst on poolside or swimmers gallery.

 No Passes will be available for purchase on the day. They must be purchased beforehand.

 **THERE WILL BE NO ACCESS TO POOLSIDE / SWIMMERS GALLARY FOR ANYONE WITHOUT A POOL PASS.**

**OFFICIALS** Visiting clubs entering 5 or more swimmers or more than 30 swims per session are requested to provide at least two qualified and licensed officials per session. Their details and qualifications should be forwarded with entry information. Meals and refreshments will be provided. No Club or entry will be penalised or have entries rejected if they are unable to provide officials.

**CAR PARKING** Car parking places are provided at the Pool on a first come first served basis. Further parking is available at the North Road Car Park.

**HEALTH & SAFETY** All swimmers, officials, volunteers, spectators, and visitors are required, at all times, to abide by the rules set out in the Pool Operating Procedures and Normal Operating Procedures & Emergency Action Plan for Millfield School Pool.

 Everyone should be aware that Millfield School Campus is a non-smoking campus and other than the pool area all other areas of the School are out of bounds.

No outdoors shoes to be worn on the poolside. Suitable footwear must be worn outside the pool area and particularly when moving around and climbing the steps in the competitors’ area.

**No Swimmer is permitted to change on the balcony or toilets the changing rooms must be used. We ask that all coaches and Team Managers strictly enforce this. Any swimmer found changing on the balcony may be disqualified from further events.**

For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands).

The Meet organisers will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.

**Swimmers are asked not to enter the spectator’s area or foyer whilst they are competing.**

**If you are unable to execute a competent racing dive do not use the starting blocks at any time during this swim Meet**. A competent racing dive is defined as in the Swim England Competitive start award; each swimmer is required to hold one of these. It is the Coach and/or Team Managers responsibility to ensure that this is the case for all swimmers intending to execute a racing dive. No swimmer should topple into the water in the event of a false or faulty start - a proper shallow dive must be performed. It is the responsibility of the swimmer and/or parent to declare to the referee any disability or medical condition that could present a health or safety risk. If such a disability or medical condition exists swimmers must produce a medical certificate confirming that their participation presents no health or safety problems.

**CONDUCT** Behavior becomes “unacceptable” when it is considered “Offensive” to others; this includes, but is not limited to, the following:

Theft, willful damage to property and / or equipment, acts of vandalism, abuse of alcohol and / or drugs, bullying, offensive language, aggressive / violent acts, threatening behavior, all breaches of safety practices, failure to comply with instructions / directions, actions that bring the sport of swimming into disrepute

Unacceptable behavior will not be tolerated in any circumstances, and all such occurrences will be referred to the Meet Director and Referee and could result in removal from the competition.

**DATA PROTECTION** Entries and results for this Meet will be held on computer. As required by the Data Protection Act 2018, submission of entries implies consent to the holding of personal information on computer. These details may be made public before, during or after the Meet.

**SWIM SHOP** A Swim Shopmay be in operation throughout the Meet.

**CAMERA USE** Following updated guidance from Swim England the use of all photographic equipment is no longer controlled. Spectators / coaches and swimmers are reminded that if such equipment is used they should **STOP AND THINK** the guidelines on consent & decency must always apply.

Photography guidance applies to all images and recordings taken on any camera, mobile phone or other recording devices. Social media guidance will apply if those images or recordings are being shared through any social media platform [all club welfare officers have a copy of ***wavepower*** where full guidelines can be found].

**MOBILE PHONES** Swimmers, parents and coaches are reminded that the use of mobile phones **is not allowed inside the Millfield School Pool building.** This policy is actively enforced by Millfield Staff and all visitors are asked to comply.

**GENERAL** Any point not covered by these rules will be at the discretion of the organisers. Depending upon the situation, the Meet Director or Referees decision, respectively, will be final.

**APPEALS** Any appeals must be submitted in accordance with FINA procedures and will be handled by the Meet Director and Referees.

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| --- |
| **Exeter City / Taunton Deane Level 1 and 3 March 2020** |
| **Individual Entry Form** |
| Swim England / Scotland / WalesREGISTRATION NUMBER |    |
| IPC Classification (if applicable) |  S | SM | SB |
| FULL NAME |  D.O.B. \_\_ \_\_ / \_\_ \_\_ / \_\_ \_\_ |
| CLUB  |  |  TELEPHONE: |
| AGE AS AT 29/03/20 |
| 1)SPRINT   | 50m FREESTYLE | ALL AGES |   |
| 50m BACKSTROKE | ALL AGES |    |
| 50m BREASTSTROKE | ALL AGES |    |
| 50m BUTTERFLY | ALL AGES |    |
|  |
| 2)DISTANCE   | 200m FREESTYLE | ALL AGES |  |
| 400m FREESTYLE | ALL AGES |  |
| 800m FREESTYLE  | 11/Over |  |
| 1500m FREESTYLE  | 11/Over |  |
|  |
| 3)FORM  | 200m BACKSTROKE | ALL AGES |    |
| 200m BREASTSTROKE | ALL AGES |    |
| 200m BUTTERFLY | ALL AGES |    |
|  |
| 4)MEDLEY | 200m IND. MEDLEY | ALL AGES |    |
| 400m IND. MEDLEY | 11/Over |    |
|   |
| 5)100's  | 100m FREESTYLE | ALL AGES |    |
| 100m BACKSTROKE | ALL AGES |    |
| 100m BREASTSTROKE | ALL AGES |    |
| 100m BUTTERFLY | ALL AGES |    |
|  |
|   | No events entered |  | @ £7.00 per event up 400m |
|  | 1500m / 800m |  | **@ £10** |
|  | **TOTAL ENTRY FEE** |  £ |  |
| CHEQUES TO BE MADE PAYABLE TO: ECSC |
| **PLEASE NOTE THAT THE CLOSING DATE FOR ENTRIES IS 21-02-20** |



##### Taunton Exeter City Swimming Club March Meet 2020

##### Millfield School, Street, Somerset, BA16 0YD

27th March –29th March 2020

(Under Swim England Laws and Regulations and Technical Rules of Racing)

###### Coaches / Chaperone Pass

###### Individual Application Form

|  |  |
| --- | --- |
| Full Name |  |
| Name of Club |  |
| Position (e.g. Club Coach) |  |
| Address |  |
|  | Post Code |  |
| Tel. No. |  |  |
| Email address |  |
| Swim Wales / Scottish Swimming / Swim England affiliation number |  |
| CRB Number |  |

The above named person is authorized to hold a pass for this club

|  |  |  |
| --- | --- | --- |
| Signed |  | Club secretary |

Please note only members affiliated to Swim Wales/Scottish Swimming/Swim England or a member of a FINA affiliated country will be eligible for a coach’s pass.

Please pay via BACS as above

**No passes will be available on the day. They must be purchased beforehand.**

There will be no access to the poolside without a coach’s pass.

Passes will be restricted to a maximum of 4 passes per club.

All completed forms to be returned to ECSC Meet Secretary

 34 Parkers Cross Lane

 Exeter

 EX1 3TA

CLOSING DATE: Friday 21st February 2020.



##### Taunton Exeter City Swimming Club March Meet 2020

Millfield School, Street, Somerset, BA16 0YD

27th March –29th March 2020

 (Under Swim England Laws and Regulations and Technical Rules of Racing)

## **Officials Nomination Form**

## ***PLEASE COMPLETE THIS FORM IN BLOCK CAPITALS***

|  |  |
| --- | --- |
| Full Name |  |
| Name of Club |  |
| Qualification (please tick) | J1 | J2 | J2S | Referee | Workbook |  |
|  |  |  |  |  |  |
| Address |  |
|  | Post Code |  |
| Tel. No. |  |  |
| Email address |  |
| Swim Wales / Scottish Swimming / Swim England affiliation number |  |
| CRB Number |  |
| Sessions which you are available for (please tick) |  |
|  1 |  |  2 |  |  3 |  |  4 |  |  5 |  |  6 |  |  7 |  |
|  |

All completed forms to be returned to galas@exeterswimming.com



##### Taunton Exeter City Swimming Club March Meet 2020

Millfield School, Street, Somerset, BA16 0YD

27th March –29th March 2020

 (Under Swim England Laws and Regulations and Technical Rules of Racing)

**MEET SUMMARY SHEET**

**This Form must be completed and returned with the** Hy-Tek Meet Entry Fee Reportand Entry File to galas@exeterswimming.com

|  |  |  |  |
| --- | --- | --- | --- |
| **Club:** | **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | **Club Code** | **\_\_\_\_\_\_\_\_\_\_\_** |
| **Contact Name:** | **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |
| **Address:** | **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |
|  | **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |
| **Telephone No.**  | **­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | **Mobile:** | **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |
| **Email address:** | **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |
| **Team Size:** | **­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |
| **No of Individual Entries:** | **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | **@ £7.00 per event** | **£ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |
| **No of Distance Entries** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | **@£10.00** | **£ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |
| **No of Coaches Passes:** | **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | **@ £15.00 each** | **£ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |
|  |  |  |  |

Total **£………………**

Preferred Payment method BACS transfer. Cheques payable to ECSC and crossed

Forms to be returned to: ECSC Meet Secretary

 34 Parkers Cross Lane

 Exeter

 EX1 3TA

Email: **galas@exeterswimming.com**

CLOSING DATE FOR ENTRIES (including payment) Friday 21st February 2020



##### Taunton Exeter City Swimming Club March Meet 2020

## Millfield School, Street

27th – 29th March 2020

**Long Course Qualifying Times Level 1 Age on 29/03/20**

**Any entries not meeting these Qualifying Times will be deemed as entry into Level 3 only**

|  |  |
| --- | --- |
| EVENT | Male |
|  | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17/over |
| 50m Freestyle | 42.60 | 39.00 | 37.00 | 34.90 | 33.00 | 31.30 | 29.70 | 28.70 | 28.40 |
| 100m Freestyle | 1:38.20 | 1:24.80 | 1:18.80 | 1:13.70 | 1:09.80 | 1:06.90 | 1:04.40 | 1:02.60 | 1:01.50 |
| 200m Freestyle | 3:23.40 | 3:03.60 | 2:51.30 | 2:40.80 | 2:32.60 | 2:25.60 | 2:20.70 | 2:16.30 | 2:13.70 |
| 400m Freestyle | 7:22.50 | 6:26.40 | 5:56.00 | 5:38.10 | 5:21.80 | 5:07.00 | 4:57.60 | 4:49.10 | 4:44.60 |
| 800mFreestyle |  | 13:39.30 | 12:44.60 | 11:47.10 | 11:12.80 | 10:42.50 | 10:21.80 | 10:05.00 | 9:55.50 |
| 1500m Freestyle |  | 26:08.90 | 24:44.70 | 22:20.50 | 21:16.60 | 20:19.00 | 19:37.10 | 19:07.70 | 18:49.00 |
| 50m Breaststroke | 56.80 | 51.60 | 48.20 | 44.60 | 41.80 | 39.70 | 37.80 | 36.80 | 35.80 |
| 100m Breaststroke | 2:07.70 | 1:50.70 | 1:41.50 | 1:34.70 | 1:28.80 | 1:24.60 | 1:21.40 | 1:18.90 | 1:17.00 |
| 200m Breaststroke | 4:20.50 | 3:57.20 | 3:39.10 | 3:25.20 | 3:12.50 | 3:02.50 | 2:55.40 | 2:51.60 | 2:47.00 |
| 50m Butterfly | 48.80 | 43.50 | 40.80 | 38.10 | 35.90 | 34.00 | 32.20 | 31.40 | 30.60 |
| 100m Butterfly | 1:49.4 | 1:35.80 | 1:27.70 | 1:21.50 | 1:16.80 | 1:12.80 | 1:09.80 | 1:07.80 | 1:06.50 |
| 200m Butterfly | 4:02.70 | 3:32.30 | 3:12.50 | 2:59.90 | 2:49.90 | 2:40.90 | 2:34.40 | 2:30.40 | 2:27.60 |
| 50m Backstroke | 50.30 | 46.00 | 43.20 | 40.50 | 38.20 | 36.10 | 34.50 | 33.50 | 32.70 |
| 100m Backstroke | 1:49.80 | 1:36.90 | 1:29.80 | 1:24.10 | 1:19.20 | 1:15.00 | 1:12.20 | 1:10.30 | 1:09.30 |
| 200m Backstroke | 3:46.70 | 3:25.80 | 3:12.00 | 3:00.70 | 2:50.30 | 2:42.30 | 2:36.00 | 2:31.40 | 2:28.60 |
| 200m I/M | 3:52.00 | 3:29.60 | 3:14.20 | 3:02.80 | 2:52.70 | 2:44.80 | 2:38.40 | 2:33.90 | 2:31.00 |
| 400m I/M |  | 07:26.30 | 6:50.80 | 6:26.70 | 6:06.40 | 5:49.30 | 5:36.20 | 5:27.60 | 5:22.60 |

Short Course Times must be converted to Long Course

The organisers reserve the right to return entries.

##### Taunton Exeter City Swimming Club March Meet 2020

## Millfield School, Street

27th – 29th March 2020

**Long Course Qualifying Times Level 1 Age on 29/03/20**

**Any entries not meeting these Qualifying Times will be deemed as entry into Level 3 only**

|  |  |
| --- | --- |
| EVENT | Female |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17/over |
| 50m Freestyle | 42.80 | 39.80 | 37.30 | 35.40 | 34.00 | 32.90 | 32.20 | 31.90 | 31.90 |
| 100m Freestyle | 1:38.30 | 1:26.20 | 1:19.30 | 1:15.20 | 1:12.70 | 1:10.70 | 1:09.60 | 1:08.80 | 1:08.10 |
| 200m Freestyle | 3:29.10 | 3:04.40 | 2:51.30 | 2:42.50 | 2:36.20 | 2:32.10 | 2:29.10 | 2:27.50 | 2:25.80 |
| 400m Freestyle | 7:20.70 | 6:27.40 | 5:56.40 | 5:38.80 | 5:26.30 | 5:18.00 | 5:12.80 | 5:09.20 | 5:06.30 |
| 800m Freestyle |  | 13:17.40 | 12:19.60 | 11:39.00 | 11:10.80 | 10:56.00 | 10:45.50 | 10:36.00 | 10:35.10 |
| 1500mFreestyle |  | 25:29.40 | 23:38.60 | 22:25.80 | 21:30.40 | 21:00.80 | 20:43.10 | 20:22.90 | 20:22.90 |
| 50m Breaststroke | 57.00 | 51.20 | 47.80 | 45.00 | 43.10 | 41.50 | 40.60 | 40.10 | 40.10 |
| 100m Breaststroke | 2:08.70 | 1:50.30 | 1:41.60 | 1:35.20 | 1:30.80 | 1:28.50 | 1:27.50 | 1:26.10 | 1:25.20 |
| 200m Breaststroke | 4:27.30 | 3:55.50 | 3:36.60 | 3:24.90 | 3:15.50 | 3:09.50 | 3:06.70 | 3:05.80 | 3:04.0 |
| 50m Butterfly | 48.2 | 44.0 | 40.7 | 38.6 | 36.70 | 35.70 | 34.80 | 34.20 | 34.20 |
| 100m Butterfly | 1:47.70 | 1:37.10 | 1:27.90 | 1:22.60 | 1:19.10 | 1:17.20 | 1:15.50 | 1:14.80 | 1:14.00 |
| 200m Butterfly | 3:56.60 | 3:34.60 | 3:12.60 | 3:01.70 | 2:53.50 | 2:48.00 | 2:45.70 | 2:43.30 | 2:41.30 |
| 50m Backstroke | 50.2 | 46.0 | 43.1 | 40.9 | 39.4 | 38.00 | 37.00 | 36.60 | 36.60 |
| 100m Backstroke | 1:52.00 | 1:37.50 | 1:29.90 | 1:24.50 | 1:21.70 | 1:19.60 | 1:17.90 | 1:17.10 | 1:16.30 |
| 200m Backstroke | 3:52.70 | 3:26.30 | 3:11.00 | 3:00.60 | 2:54.30 | 2:49.80 | 2:45.80 | 2:43.90 | 2:42.80 |
| 200m I/M | 3:55.20 | 3:29.60 | 3:14.30 | 3:03.30 | 2:56.80 | 2:52.30 | 2:48.90 | 2:46.90 | 2:45.50 |
| 400m I/M |  | 7:26.2 | 6:47.30 | 6:24.9 | 6:10.6 | 6:02.00 | 5:55.20 | 5:50.80 | 5:48.70 |

Short Course Times must be converted to Long Course

The organisers reserve the right to return entries.