|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Boys  | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 plus |
| 50m Freestyle  | 50.52 | 48.60 | 48.60 | 43.44 | 41.69 | 38.84 | 37.32 | 37.32 |
| 100m freestyle | 1.57.15 | 1.51.76 | 1.51.76 | 1.39.84 | 1.33.53 | 1.30.61 | 1.20.18 | 1.19.46 |
| 200m freestyle |  |  |  |  |  |  |  |  |
| 50m breast stroke | 1.06.12 | 1.03.94 | 1.03.36 | 59.28 | 57.92 | 57.72 | 45.81 | 45.0 |
| 100m breast stroke | 2.21.49 | 2.14.76 | 2.14.76 | 2.10.92 | 1.57.96 | 1.47.16 | 1.41.64 | 1.41.64 |
| 200m breast stroke |  |  |  |  |  |  |  |  |
| 50m Butterfly | 56.88 | 54.12 | 54.12 | 52.20 | 48.84 | 45.36 | 42.12 | 42.12 |
| 100m Butterfly | 2.17.97 | 2.11.40 | 2.11.40 | 2.05.16 | 1.51.19 | 1.39.00 | 1.28.80 | 1.28.80 |
| 200m Butterfly |  |  |  |  |  |  |  |  |
| 50m Back stroke | 1.00.32 | 55.80 | 55.80 | 52.56 | 48.46 | 45.00 | 42.00 | 41.40 |
| 100m Back stroke | 2.12.41 | 2.06.11 | 2.06.11 | 2.00.60 | 1.40.44 | 1.37.04 | 1.27.60 | 1.26.0 |
| 200m Back stroke |  |  |  |  |  |  |  |  |
| 100m IM  | 2.08.88 | 2.03.12 | 2.03.12 | 1.57.39 | 1.51.19 | 1.36.12 | 1.32.28 | 1.30.47 |
| 200m IM |  |  |  |  |  |  |  |  |
| Girls | 9 | 10 | 11 | 12 | 13 | 14 | 15+ | 16 plus |
| 50m Freestyle  | 51.12 | 46.56 | 46.56 | 46.16 | 42.50 | 41.75 | 39.96 | 39.0 |
| 100m freestyle | 1.57.13 | 1.51.56 | 1.51.56 | 1.46.27.68 | 1.30.51 | 1.28.28 | 1.22.85 | 1.20.28 |
| 200m freestyle |  |  |  |  |  |  |  |  |
| 50m breast stroke | 1.07.08 | 1.06.90 | 1.05.90 | 1.04.84 | 58.07 | 52.68 | 49.80 | 49.80 |
| 100m breast stroke | 2.25.18 | 2.18.27 | 2.18.27 | 2.01.20 | 1.54.00 | 1.49.62 | 1.46.68 | 1.46.68 |
| 200m breast stroke |  |  |  |  |  |  |  |  |
| 50m Butterfly | 1.02.09 | 56.24 | 54.24 | 48.72 | 48.19 | 44.40 | 43.2 | 42.84 |
| 100m Butterfly | 2.29.71 | 2.16.10 | 2.16.10 | 2.05.48 | 1.50.72 | 1.39.42 | 1.38.80 | 1.34.68 |
| 200m Butterfly |  |  |  |  |  |  |  |  |
| 50m Back stroke | 58.68 | 55.80 | 55.80 | 52.92 | 49.52 | 45.60 | 44.16 | 43.68 |
| 100m Back stroke | 2.08.99 | 2.02.85 | 2.02.85 | 1.45.60 | 1.40. 60 | 1.35.16 | 1.33.36 | 1.33.0 |
| 200m Back stroke |  |  |  |  |  |  |  |  |
| 100m IM  | 2.10.56 | 2.01.80 | 2.01.80 | 1.58.16 | 1.44.88 | 1.41.60 | 1.39.96 | 1.37.92 |
| 200m IM |  |  |  |  |  |  |  |  |

Upper cut off times are set at 2018 County Qualifying times. if a swimmer has competed in a 2018 County championship / age group event they cannot enter that same event in the 2018 intermediates . No Qt times for 200m events. Converted times accepted

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| --- | --- | --- |
| PENZANCE 17th March 2018 |  | BODMIN 18th March 2018 |
| WARM UP | 10.30 | START TIME  | 11.45 |  | WARM UP | 10.30 | START TIME  | 11.45 |
| Event |  |  |  |  | event |  |  |  |
| 1 | Girls | 200m | Freestyle |  | 15 | girls | 200m | Butterfly |
| 2 | Boys | 200m | Freestyle |  | 16 | boys | 200m | Butterfly |
| 3 | Girls | 100m | Breast stroke |  | 17 | girls | 100m | Freestyle |
| 4 | Boys  | 100m | Breast stroke |  | 18 | Boys | 100m | Backstroke |
| TBA | 15 min | interval | 45min warm up |  | TBA | 15min | interval | 45minute warm up |
| 5 | Girls | 200m | Individual Medley |  | 19 | Girls | 200m | Breast stroke |
| 6 | Boys | 200m  | Individual Medley |  | 20 | Boys | 200m | Breast stroke |
| 7 | Girls | 100m | Butterfly |  | 21 | Girls | 100m  | Backstroke |
| 8 | Boys | 100m | Butterfly |  | 22 | Boys | 100m | Freestyle |
| TBA | 30min | lunch | 45min warm up |  | TBA | 30 min | lunch | 45minute warm up |
| 9 | Girls | 200m | Back stroke |  | 23 | Girls | 100m | Individual Medley |
| 10 | Boys | 200m | Back stroke |  | 24 | Boys | 100m | Individual Medley |
| 11 | Girls | 50m | Freestyle |  | 25 | Girls | 50m | Backstroke |
| 12 | Boys | 50m | Freestyle |  | 26 | Boys | 50m | Backstroke |
| 13 | Girls | 50m | Breast stroke |  | 27 | Girls | 50m | Butterfly |
| 14 | Boys | 50m | Breast stroke |  | 28 | Boys | 50m | Butterfly |